



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
¹² Cranberry Peach Muffin Butter Cup Kiwi Choice of Milk	¹³ Scrambled Eggs Bagel w/ Cr. Ch or Jelly Peaches in juice Choice of Milk	¹⁴ Cheddar Munchers Toast w/choice of spread Tropical Fruit Salad Choice of Milk	¹⁵ Cinn Glzd WG Fr. Toast w/syrup Fruited yogurt Sassy Applesauce Choice of Milk	¹⁶ Cinnamon Toast Crunch Raisins, Pineapple Juice Choice of Milk	Cal 422 T.Fat 11.06 G S.Fat 4.7 G Chol 116.8 Mg Sodm 430.20 Mg Carb 69.39 G Fiber 4.6 G
¹⁹ Raisin Bran Go Big Go-Gurt Golden Banana Choice of Milk	²⁰ Egg Bake Eng. Muffin w/ spreads Pears in juice Choice of Milk	²¹ Life Cereal Toast w/choice of spread Kiwi Choice of Milk	²² Belgian Waffle Stix w/ Strawberry Topping Baked Ham Fruit Cocktail in juice Choice of Milk	²³ Carmel Roll Pear Craisins Choice of Milk	Cal 465 T.Fat 8.75 G S.Fat 3.2 G Chol 74.0 Mg Sodm 500.27 Mg Carb 83.97 G Fiber 7.7 G
²⁶ Banana Berry Muffin Butter Cup Grape juice Choice of Milk	²⁷ Rice Krispies Apple Bosco Stick Mandarin Oranges Choice of Milk	²⁸ Brkfst Wrap w/ taco sauc Peaches in juice Choice of Milk	²⁹ Pancakes w/Apples Sausage Links Golden Banana Choice of Milk	³⁰ Oatmeal Toast w/choice of spread Raisins, Kiwi Choice of Milk	Cal 430 T.Fat 8.70 G S.Fat 3.7 G Chol 58.6 Mg Sodm 426.97 Mg Carb 74.44 G Fiber 5.4 G

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In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.



Summer Food Lunch
Starting June 12th!

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
¹² Tator Tot Hotdish Snappy Gr. Beans Fresh Apple Parmesan Breadstick Milk	¹³ MEAT LOAF Mashed Potatoes Beef Gravy Poppin' Good Grapes Dinner Roll w/ Butter Milk	¹⁴ Sub w/all the fixins Baby Carrots w/dip Fruit Cocktail in juice Crunchy Cheese Cheetos Condiments Milk	¹⁵ Chicken Spaetzle Soup Cottage Cheese Glazed Carrots Pears in juice Saltine Cr., w.g. Milk	¹⁶ Chicken A La King Gr. Peas Kiwi Baking Powder Biscuit Milk	Cal 601 T.Fat 16.64 G S.Fat 5.3 G Chol 62.1 Mg Sodm 906.35 Mg Carb 83.77 G Fiber 7.5 G
¹⁹ Sloppy Joe on Bun French Fries w/ketchup Fruit Cocktail in juice Milk	²⁰ Cheese Pizza Glazed Carrots Fresh Apple Mini Rice Krispy Bar Milk	²¹ Rst Beef/Prov. Croissant Crunchy Cucumber Slices RANCH DRESSING Golden Banana Corn Chips Milk	²² Chicken Fajitas Cheesy Refried Beans Poppin' Good Grapes Sr. Cream/Salsa Milk	²³ Homestyle Lasagna Winter Blend Veg Peaches in juice Garlic Toast Milk	Cal 638 T.Fat 18.81 G S.Fat 7.7 G Chol 56.6 Mg Sodm 1131.77 Mg Carb 88.71 G Fiber 7.8 G
²⁸ Chicken-N-Gravy Mashed Potatoes Peaches in juice Dinner Roll w/ Butter Milk	²⁷ Hamburger on Bun Lettuce/Tomato Corn, Sweet Poppin' Good Grapes Hamburger Condiments Milk	²⁸ Turkey Wrap Veggies w/Dip Fresh Apple Mini Rice Krispy Bar Milk	²⁹ Cheesy Dunker Sauce Spinach/Strawberry Salad Juicy Apricot Halves Cheesy Garlic Toast Milk	³⁰ Fish Nuggets Mixed Vegetables Orange Wild Rice Blend Tartar Sauce Milk	Cal 583 T.Fat 17.20 G S.Fat 5.6 G Chol 64.9 Mg Sodm 862.40 Mg Carb 78.15 G Fiber 7.0 G

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