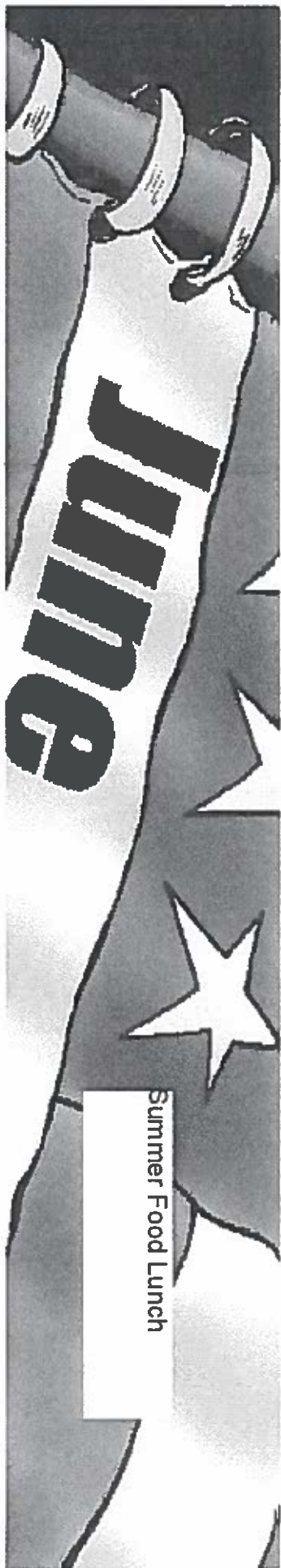


Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
11 Bacon Scr. Pizza, w.g. <i>1ea</i> Orange <i>1ea</i> MILK, 1% Lowfat	12 Brkfst Wrap w/ taco sauce <i>1ea</i> Sassy Applesauce <i>1/2c</i> MILK, 1% Lowfat	13 Rice Krispies <i>1ea</i> Nature Valley Backpacker <i>1ea</i> Grape juice <i>4oz</i> MILK, 1% Lowfat	14 Pancake/Sausage on a stick w/ syrup <i>1ea</i> Golden Banana <i>1ea</i> MILK, 1% Lowfat	15 <i>Abstcd.</i> <i>1/2 day Holiday</i>	Cal 398 T.Fat 11.24 G S.Fat 4.3 G Chol 79.4 Mg Sodm 474.86 Mg Carb 58.04 G Fiber 3.9 G
18 Blueberry Muffin <i>1ea</i> Fruited yogurt <i>4oz</i> Tropical Fruit Salad <i>1/2c</i> MILK, 1% Lowfat	19 Cheese Omelet <i>1ea</i> Bagel w/ Cr. Ch or Jelly <i>1/2ea</i> Peaches in juice <i>1/2c</i> MILK, 1% Lowfat	20 Cinn Glzd W/G Fr. <i>1ea</i> Toast w/syrup <i>1ea</i> Sausage Links <i>1ea</i> Golden Banana <i>1ea</i> MILK, 1% Lowfat	21 Kix Corn Puffs <i>1ea</i> Scoobydoo Snacks <i>1pkgs</i> Orange Juice <i>4oz</i> MILK, 1% Lowfat	22 Caramel Roll <i>1ea</i> Go Big Go-Gurt <i>1ea</i> Fruit Cocktail in juice <i>1/2c</i> MILK, 1% Lowfat	Cal 452 T.Fat 11.75 G S.Fat 4.9 G Chol 86.1 Mg Sodm 450.43 Mg Carb 73.67 G Fiber 4.1 G
25 Oatmeal <i>1c</i> Raisins, <i>1bx</i> Pear <i>1ea</i> MILK, 1% Lowfat	26 Pretzel Egg Sandwich <i>1ea</i> Poppin' Good Grapes <i>1/2c</i> MILK, 1% Lowfat	27 Pancakes w/Syrup <i>2ea</i> Sausage Patty <i>1ea</i> Golden Banana <i>1ea</i> MILK, 1% Lowfat	28 Banana Berry Muffin <i>1ea</i> HARD BOILED EGG <i>1ea</i> Mandarin Oranges <i>1/2c</i> MILK, 1% Lowfat	29 Golden Grahams. <i>1ea</i> Bagelw/ Cr. Ch or Jelly <i>1/2ea</i> Fresh Apple <i>1ea</i> MILK, 1% Lowfat	Cal 455 T.Fat 10.23 G S.Fat 4.3 G Chol 84.6 Mg Sodm 422.12 Mg Carb 75.05 G Fiber 6.1 G

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
11 Corndog <i>1EA</i> French Fries w/ketchup <i>1/2C</i> Fresh Apple <i>1EA</i> Hot Dog Condiments <i>2EA</i> Milk	12 Hamburger on Bun <i>1EA</i> American Cheese Slice <i>1EA</i> Smokin' Baked Beans <i>1/2C</i> Golden Banana <i>1EA</i> Sun chips <i>1pkg</i> Hamburger Condiments <i>1EA</i> Milk	13 Chicken Tenders w/ <i>3EA</i> Choice of Sauces <i>1EA</i> Gr. Peas <i>1/2C</i> Pear <i>1EA</i> Creamy Mac & Cheese <i>1/2C</i> Milk	14 Cheese Pizza <i>1sl.</i> Garden Salad w/Drsg <i>1EA</i> Poppin' Good Grapes <i>1/2C</i> Milk	15 <i>1/2 day holiday</i> <i>closed</i>	Cal 726 T.Fat 21.98 G S.Fat 6.0 G Chol 59.0 Mg Sodm 979.43 Mg Carb 99.04 G Fiber 11.0 G
18 Chicken Wrap <i>1EA</i> w/Ranch Drsg <i>1/2C</i> Baby Carrots w/dip <i>1/2EA</i> Kiwi <i>1/2EA</i> Mini Rice Krispy Bar <i>1EA</i> Milk	19 Sloppy Joe on Bun <i>1EA</i> Potato Salad <i>1/2C</i> Fresh Apple <i>1EA</i> Milk	20 Fish Nuggets <i>4EA</i> Tator Tots w/ketchup <i>1/2C</i> Poppin' Good Grapes <i>1/2C</i> Tartar Sauce <i>2T</i> Wild Rice Blend <i>1/2C</i> Milk	21 Cheesy Dunker Sauce <i>1/2C</i> Garden Salad w/Drsg <i>1C</i> Pear <i>1EA</i> Cheesy Garlic Toast <i>2EA</i> Milk	22 Crispy Taco Salad <i>1EA</i> Cheesy Refried Beans <i>1/2C</i> Orange <i>1EA</i> Sr. Cream/Salsa <i>1/2EA</i> Milk	Cal 665 T.Fat 20.53 G S.Fat 5.9 G Chol 66.1 Mg Sodm 1091.10 Mg Carb 92.67 G Fiber 9.4 G
25 Chicken-N-Gravy <i>1/2C</i> Mashed Potatoes <i>1/2C</i> Peaches in Juice <i>1/2C</i> Diner Roll w/ Butter <i>1EA</i> Milk	26 B.B.Q. Pork on a Bun <i>1EA</i> Smokin' Baked Beans <i>1/2C</i> Creamy Coleslaw <i>1/2C</i> WATERMELON CHUNKS <i>1EA</i> Milk	27 Pepperoni Pizza <i>1sl.</i> Garden Salad w/Drsg <i>1C</i> Orange <i>1EA</i> Milk	28 Sub w/all the fixins <i>1EA</i> Vegies w/Dip <i>1/2C</i> Fruit Cocktail in Juice <i>1/2C</i> Sun chips <i>1pkg</i> Milk	29 Caribbean Chicken on Bun <i>1EA</i> Lettuce/Tomato <i>1/4C/2sl.</i> Corn, Sweet <i>1/2C</i> Pear <i>1EA</i> Milk	Cal 572 T.Fat 13.31 G S.Fat 4.0 G Chol 48.4 Mg Sodm 837.66 Mg Carb 86.71 G Fiber 8.1 G

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