

K-12 Breakfast September 2020

Mon	Tue	Wed	Thu	Fri
31 No School	1 No School	2 No School	3 No School	4 No School
7 No School	8 No School	9 No School	10 No School	11 No School
14 No School	15 No School	16 Dish <i>1ea</i>	17 Frosted Flakes <i>1 bowl</i> Apple Juice, 4 oz. Choice of Milk Fruited Yogurt <i>4 oz</i>	18 Pancakes w/syrup <i>2ea/1pkt</i> Mandarin Oranges in Juice <i>1/2c</i> Choice of Milk Sausage Patty <i>1ea</i>
21 Breakfast Burrito with Taco Sauce <i>1ea</i> Diced Peaches <i>1/2c</i> Orange Juice, 4 oz. Choice of Milk	22 Cinn. Glzd French Toast w/Strawberry Topping <i>1ea/1/4c</i> Fruit Cocktail <i>1/2c</i> Choice of Milk Sausage Links <i>1ea</i>	23 Froot Loops Bowl <i>1 bowl</i> Grape Juice <i>4oz 1ea</i> Strawberry Soft Oatmeal Bar Choice of Milk	24 Blueberry Muffin <i>1ea</i> Orange, Fresh <i>1ea</i> Choice of Milk Butter Pat <i>1ea</i> Fruited Yogurt <i>4oz</i>	25 Apple Jacks <i>1 bowl</i> Fresh Banana <i>1ea</i> Choice of Milk egg, hard boil <i>1ea</i>
28 Raspberry Apple Muffin <i>1ea</i> Pear, fresh <i>1ea</i> Choice of Milk Butter Pat <i>1ea</i>	29 Maple Pancake Wrap <i>1ea</i> Applesauce <i>1/2c</i> Choice of Milk Breakfast Syrup <i>1pkt</i>	30 Cheerios <i>1 bowl</i> Apple Juice, 4 oz. Bagel with Cream Cheese and Jelly <i>1/2; Choice of 1pkt</i> Choice of Milk	1 Egg & Cheese Croissant <i>1ea</i> Fresh Banana <i>1ea</i> Choice of Milk	2 Frosted Mini Wheats Bowl <i>1 bowl</i> Pears in Juice <i>1/2c</i> Orange Juice, 4 oz. Choice of Milk

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K-12 Lunch September 2020

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31 No School	1 No School	2 No School	3 No School	4 No School
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14 No School	15 No School	16 Teriyaki Chicken on a Bun <i>1ea</i> Lettuce and Tomato <i>1/4c; 2sl.</i> Baby Carrots with Dip <i>1/2c</i> Pear, fresh <i>1ea</i> Milk-Variety	17 Hamburger Gravy <i>1/2c</i> Mashed Potatoes <i>1/2c</i> Gr. Beans <i>1/2c</i> Fresh Banana <i>1ea</i> Bread and Butter <i>1ea</i> Milk-Variety	18 Spaghetti Mac Hotdish <i>1c</i> California Blend Vegetables <i>1/2c</i> Fresh Apple <i>1ea</i> Garlic Toast <i>1ea</i> Milk-Variety
21 Pepperoni Pizza <i>1sl.</i> Glazed Carrots <i>1/2c</i> Pear, fresh <i>1ea</i> Milk-Variety	22 Chicken Tenders <i>3ea</i> Green Peas <i>1/2c</i> Kiwi <i>1ea</i> Macaroni & Cheese <i>2/3c</i> Milk-Variety Choice of Dipping Sauces <i>1pk</i>	23 Roast Beef with Cheese on a Bun <i>1ea</i> Baked Beans <i>1/2c</i> Applesauce <i>1/2c</i> Soft & Chewy Chocolate Chip Cookie <i>1ea</i> Milk-Variety	24 Mesquite Glazed Drumstick <i>1ea</i> Italian Blend Vegetable <i>1/2c</i> Fresh Banana <i>1ea</i> Bread and Jelly <i>1ea</i> Milk-Variety	25 Wild Rice Hotdish <i>1c.</i> Steamin' Broccoli <i>1/2c</i> Mandarin Oranges in Juice <i>1/2c</i> Dinner Roll w/Butter(1WG) <i>1ea</i> Milk-Variety
28 Hotdog/Chili Cheesedog <i>1ea</i> French Fries <i>1/2c</i> Strawberry Cup <i>1/2c</i> Milk-Variety Hot Dog Condiments <i>2pkt</i>	29 Tangerine Chicken <i>1serv</i> Steamin' Broccoli <i>1/2c</i> Mandarin Oranges in Juice <i>1/2c</i> Brown Rice <i>1/2c</i> Vegetable Egg Roll WG <i>1ea</i> Milk-Variety	30 Cheese Pizza Round <i>1ea</i> California Blend Vegetables <i>1/2c</i> Fruit Cocktail <i>1/2c</i> Confetti Cookie <i>1ea</i> Milk-Variety	1 Wild Rice Soup <i>1c</i> Glazed Carrots <i>1/2c</i> Fresh Apple <i>1ea</i> Saltine Crackers <i>2pkgs</i> Cheesy Bosco Breadstick <i>1ea</i> Milk-Variety	2 Soft Shell Taco <i>1ea</i> Cheesy Refried Beans <i>1/2c</i> Diced Peaches <i>1/2c</i> Milk-Variety Sr. Cream/Salsa <i>1ea</i>

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