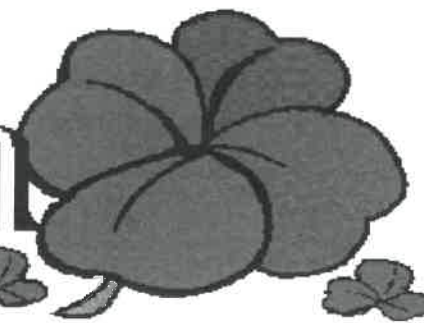


Pine Grove, Breakfast



# March



Monday

Tuesday

Wednesday

Thursday

Friday

Nutrients

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<sup>1</sup>NO SCHOOL TODAY

<sup>4</sup>Bacon Scr.Pizza, w.g. *1ea*  
Grape juice *4oz*  
Strawberry cup *1/2c*  
Choice of Milk

<sup>5</sup>Scrambled Eggs *1/2c*  
Bagel, w.g. *1/2ca*  
Cr. Cheese/jelly *1/2ca*  
Peaches in juice *1/2c*  
Orange Juice *4oz*  
Choice of Milk

<sup>6</sup>Cheddar Munchers Toast, w.g. *4ea*  
w/ choice of *1ea* Spreads  
Tropical Fruit Salad *1/2c*  
Apple Juice *4oz*  
Choice of Milk

<sup>7</sup>Cinn Glzd WG Fr. Toast w/syrup *1ea*  
Go Big Go-Gurt *1ea*  
Juicy Apricot Halves *1ea*  
Sassy Applesauce *1/2c*  
Choice of Milk

<sup>8</sup>Cinn Toast Crunch, w.g. *1c*  
Backpackers, w.g *1pt*  
Orange *1ea*  
Pineapple Juice *4oz*  
Choice of Milk

**Cal 501**  
**T.Fat 13.28 G**  
**S.Fat 4.9 G**  
**Chol 123.1**  
**Mg**  
**Sodm 484.79**  
**Mg**  
**Carb 81.94 G**

<sup>11</sup>Corn Chex *1c*  
Apple Bosco Stick *1ea*  
Golden Banana *1ea*  
Orange Juice *4oz*  
Choice of Milk

<sup>12</sup>Egg Bake *1pc*  
w.g Eng. Muffin w/ spds *1ea*  
Pears in juice *1/2c*  
Poppin' Good *1/2c*  
Grapes  
Choice of Milk

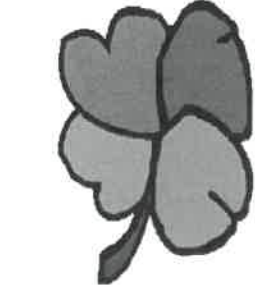
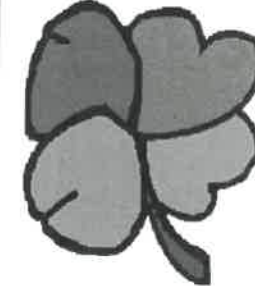
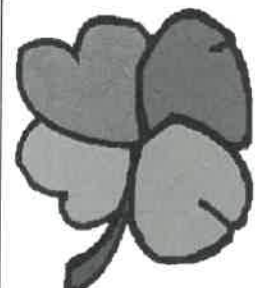
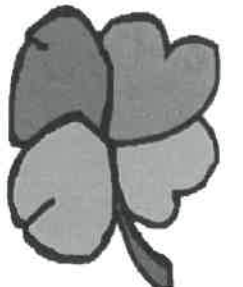
<sup>13</sup>Breakfast Burrito w/ Salsa *1ca*  
Juicy Apricot Halves *1/2c*  
Strawberry cup *1/2c*  
Choice of Milk

<sup>14</sup>W.G. Belgian Waffle Stx *2ea*  
w/Strawberry *1/4c*  
Topping  
Sausage Links *1ea*  
Fruit Cocktail in juice *1/2c*  
Craisins *1/4c*  
Choice of Milk

<sup>15</sup>Caramel Roll, w. g. *1ea*  
Pear *1ea*  
Apple Juice *4oz*  
Choice of Milk

*1:00 dismissal*

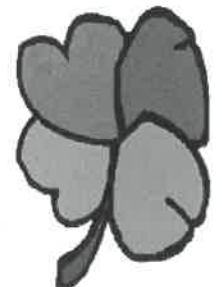
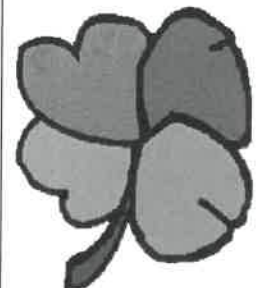
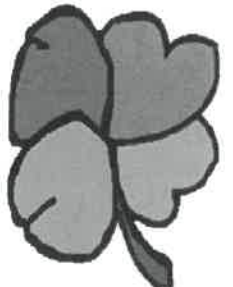
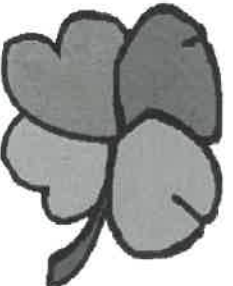
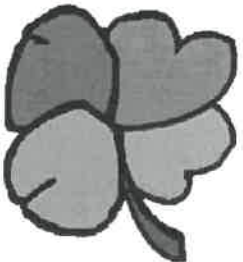
**Cal 497**  
**T.Fat 10.98 G**  
**S.Fat 4.1 G**  
**Chol 79.9 Mg**  
**Sodm 499.20**  
**Mg**  
**Carb 85.13 G**  
**Fiber 7.2 G**



Pine Grove, Breakfast



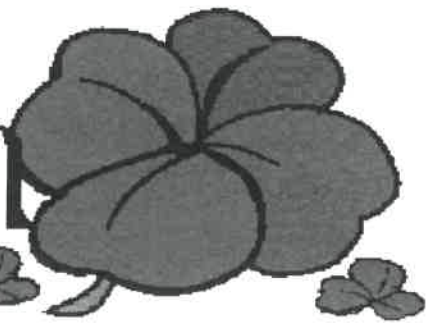
Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<sup>18</sup> Banana Berry Muffin, wg <i>1 ea</i> Butter Cup <i>1 ea</i> Grape juice <i>4 oz</i> Strawberry cup <i>1/2 c</i> Choice of Milk	<sup>19</sup> Rice Krispies, w.g. <i>1 c</i> Bagel, w.g. <i>1/2 ea</i> Cr. Cheese/jelly <i>1 ea</i> Pear <i>1 ea</i> Mandarin Oranges <i>1/2 c</i> Choice of Milk	<sup>20</sup> Brkfst Wrap, w.g. w/taco sauce <i>1 ea</i> Orange Juice <i>4 oz</i> Peaches in juice <i>1/2 c</i> Choice of Milk	<sup>21</sup> NO SCHOOL TODAY	<sup>22</sup> NO SCHOOL TODAY	<b>Cal 417</b> <b>T.Fat 9.88 G</b> <b>S.Fat 5.1 G</b> <b>Chol 86.2 Mg</b> <b>Sodm 436.73 Mg</b> <b>Carb 69.66 G</b> <b>Fiber 4.9 G</b>
<sup>25</sup> NO SCHOOL TODAY	<sup>26</sup> NO SCHOOL TODAY	<sup>27</sup> NO SCHOOL TODAY	<sup>28</sup> NO SCHOOL TODAY	<sup>29</sup> NO SCHOOL TODAY	
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Pine Grove, Lunch



# March



Monday

Tuesday

Wednesday

Thursday

Friday

Nutrients

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<sup>1</sup>NO SCHOOL TODAY

<sup>4</sup>Tator Tot Hotdish <sup>3/4c</sup>  
 Snappy Gr. Beans <sup>1/2c</sup>  
 Fresh Apple <sup>1ea</sup>  
 Parmesan <sup>1ea</sup>  
 Breadstick, wg  
 Milk

<sup>5</sup>Chicken A La King <sup>3/4c</sup>  
 Steamin' Broccoli <sup>1/2c</sup>  
 Cuts  
 Kiwi <sup>2ea</sup>  
 B.P. Biscuit, w.g. <sup>2oz</sup>  
 Milk

<sup>6</sup>Chicken Spaetzle  
 Soup <sup>1c</sup>  
 Cottage Cheese <sup>1/4c</sup>  
 Glazed Carrots <sup>3/4c</sup>  
 Pears in juice <sup>1/2c</sup>  
 Saltine Cr., w.g. <sup>2pk</sup>  
 Milk

<sup>7</sup>Sub w/all the fixins, wg <sup>1ea</sup>  
 Smokin' Baked Beans <sup>1/2c</sup>  
 Greek Salad <sup>1/2c</sup>  
 Fruit Cocktail in juice <sup>1/2c</sup>  
 w.g. Cheez-its <sup>1pk</sup>  
 Condiments <sup>1ea</sup>  
 Milk

<sup>8</sup>MEAT LOAF <sup>3/4'sl.</sup>  
 Mashed Potatoes <sup>1/2c</sup>  
 Mixed Vegetables <sup>1/4c</sup>  
 Beef Gravy <sup>1/4c</sup>  
 Poppin' Good <sup>1/2c</sup>  
 Grapes  
 Dinner Roll w/ Butter, wg <sup>1ea</sup>  
 Milk

**Cal 648**  
**T.Fat 17.53 G**  
**S.Fat 5.1 G**  
**Chol 64.3 Mg**  
**Sodm 940.83**  
**Mg**  
**Carb 90.93 G**  
**Fiber 9.7 G**

<sup>11</sup>Sloppy Joe on w.g. bun <sup>1ea</sup>  
 French Fries <sup>3/4c</sup>  
 w/ketchup <sup>3/4c</sup>  
 Fruit Cocktail in juice <sup>1/2c</sup>  
 w.g. Cheez-its <sup>1pk</sup>  
 Milk

<sup>12</sup>Cheese Pizza, wg <sup>1sl</sup>  
 Glazed Carrots <sup>3/4c</sup>  
 Fresh Apple <sup>1ea</sup>  
 Squeezable Fruit <sup>1ea</sup>  
 Mini Rice Krispy Bar, wg <sup>1ea</sup>  
 Milk

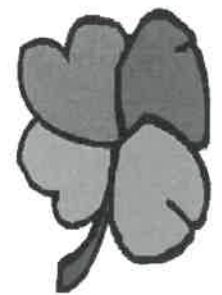
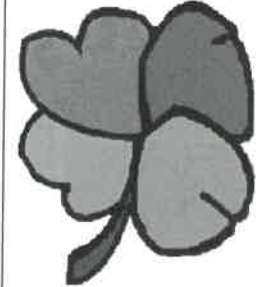
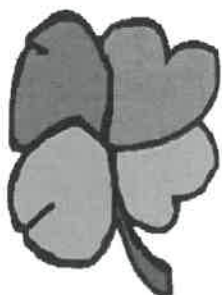
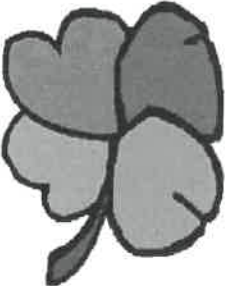
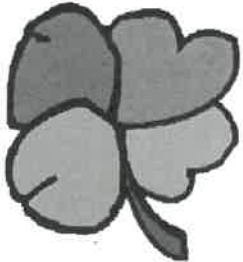
<sup>13</sup>Chicken Chow Mein <sup>1c</sup>  
 Steamin' Broccoli  
 Cuts <sup>1/2c</sup>  
 Poppin' Good <sup>1/2c</sup>  
 Grapes  
 Chicken/Veg Egg Roll, wg <sup>1ea</sup>  
 Seasoned Rice, wg <sup>1/2c</sup>  
 Milk

<sup>14</sup>w.g. Chicken Tenders w/ Choice of Sauces <sup>1ea</sup>  
 Smokin' Baked Beans <sup>1/2c</sup>  
 Veggies w/Dip <sup>1/2c</sup>  
 Pineapple Tidbits <sup>1/2c</sup>  
 Milk

<sup>15</sup>Homestyle Lasagna, w.g. Garden Salad <sup>1c</sup>  
 w/Drsg.  
 Peaches in juice <sup>1/2c</sup>  
 Garlic Toast, w.g. <sup>1ea</sup>  
 Milk

**Cal 671**  
**T.Fat 16.43 G**  
**S.Fat 4.6 G**  
**Chol 57.7 Mg**  
**Sodm 1210.99**  
**Mg**  
**Carb 98.03 G**  
**Fiber 10.0 G**

1:00 dismissal

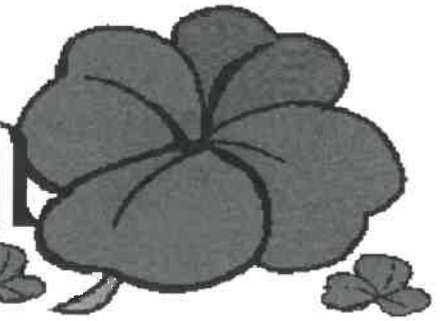




Pine Grove, Lunch



# March



Monday

Tuesday

Wednesday

Thursday

Friday

Nutrients

<sup>18</sup> Chicken-N-Gravy <i>1/2c</i> Mashed Potatoes <i>1/2c</i> Glazed Carrots <i>1/2c</i> Tropical Fruit Salad <i>1/2c</i> Dinner Roll w/ Butter, wg <i>1ea</i> Bug Bites <i>1pk g</i> Milk	<sup>19</sup> Hamburger on <i>1ea</i> w.g. Bun Lettuce/Tomato <i>1/4c/2ea</i> Smokin' Baked Beans <i>1/2c</i> Poppin' Good <i>1/2c</i> Grapes Hamburger <i>1ea</i> Condiments Mini Rice Krispy <i>1ea</i> Bar, wg Milk	<sup>20</sup> Beef Stew <i>1c</i> Crunchy Cucumber Slices <i>1/2c</i> Sassy Applesauce <i>1/2c</i> B.P. Biscuit, w.g. <i>2oz</i> Milk	<sup>21</sup> NO SCHOOL TODAY	<sup>22</sup> NO SCHOOL TODAY	<b>Cal 712</b> <b>T.Fat 17.60 G</b> <b>S.Fat 6.8 G</b> <b>Chol 76.9 Mg</b> <b>Sodm 983.04</b> <b>Mg</b> <b>Carb 99.84 G</b> <b>Fiber 9.5 G</b> <b>Prtn 37.15 G</b> <b>Iron 4.55 Mg</b> <b>Calc 425.07</b> <b>Mg</b> <b>Vit A 13.97</b>
<sup>25</sup> NO SCHOOL TODAY	<sup>26</sup> NO SCHOOL TODAY	<sup>27</sup> NO SCHOOL TODAY	<sup>28</sup> NO SCHOOL TODAY	<sup>29</sup> NO SCHOOL TODAY	

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