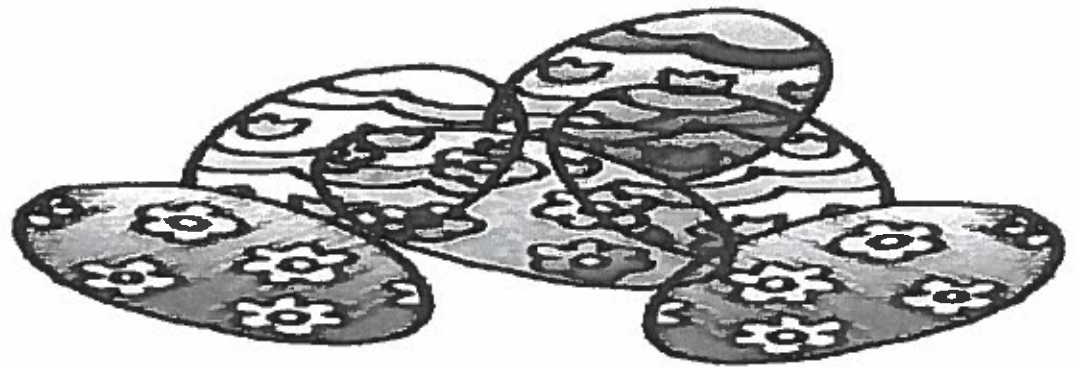
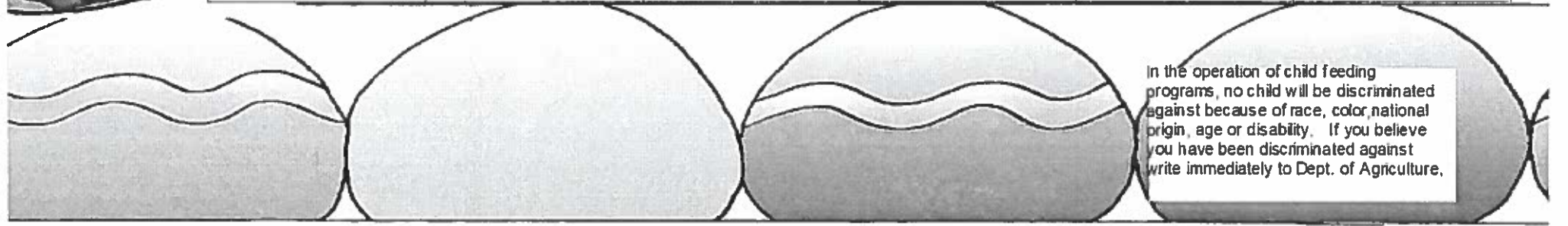


Pine Grove, Breakfast

# April



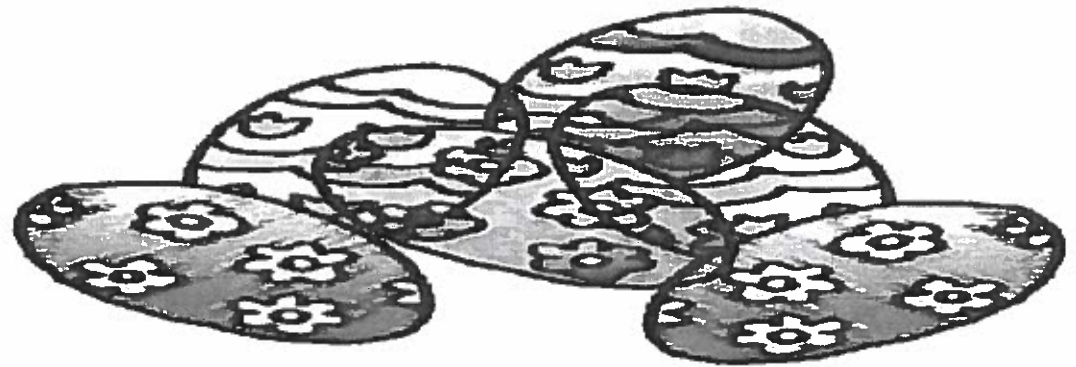
Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>2 NO SCHOOL TODAY</p> <p><i>Spring Break!</i></p>	<p>3 Raisin Bran <i>1c 1/2</i></p> <p>Bagel w/ Cr. Ch or Jelly</p> <p>Craisins <i>1/4c</i></p> <p>Pears in juice <i>1/2c</i></p> <p>Choice of Milk</p>	<p>4 Pretzel Egg Sandwich <i>1ea</i></p> <p>Orange Juice <i>4oz</i></p> <p>Strawberry cup <i>1/2c</i></p> <p>Choice of Milk</p>	<p>5 Cheese Omelet <i>1ea, 1ea</i></p> <p>Toast w/choice of spread</p> <p>Fresh Apple <i>1ea</i></p> <p>Grapefruit sections <i>1/2c</i></p> <p>Choice of Milk</p>	<p>6 Oatmeal w/Raisins <i>3/4c, 1/4c</i></p> <p>Baked Ham <i>1oz</i></p> <p>Juicy Apricot Halves <i>1/2c</i></p> <p>Apple Juice <i>4oz</i></p> <p>Choice of Milk</p>	<p><b>Cal 486</b></p> <p><b>T.Fat 9.08 G</b></p> <p><b>S.Fat 3.7 G</b></p> <p><b>Chol 94.3 Mg</b></p> <p><b>Sodm 437.66 Mg</b></p> <p><b>Carb 85.79 G</b></p> <p><b>Fiber 7.3 G</b></p> <p><b>Prtn 19.09 G</b></p> <p><b>Iron 3.09 Mg</b></p> <p><b>Calc 392.95 Mg</b></p> <p><b>Vit A 27.66 RE</b></p>
<p>9 Breakfast Burrito <i>1ea</i></p> <p>w/ Salsa <i>2F</i></p> <p>Peaches in juice <i>1/2c</i></p> <p>Orange Juice <i>4oz</i></p> <p>Choice of Milk</p>	<p>10 Belgian Waffle <i>2ea</i></p> <p>Strawberry Topping <i>1/4c</i></p> <p>Sausage Patty <i>1ea</i></p> <p>Fruit Cocktail in juice <i>1/2c</i></p> <p>Dried Cherries <i>1/4c</i></p> <p>Choice of Milk</p>	<p>11 Blueberry Muffin <i>1ea</i></p> <p>Butter Cup <i>1ea</i></p> <p>Fruited yogurt <i>4oz</i></p> <p>Orange <i>1ea</i></p> <p>Tropical Fruit Salad <i>1/2c</i></p> <p>Choice of Milk</p>	<p>12 Raisin Bran <i>1c</i></p> <p>Cinnamon Toast <i>1sl.</i></p> <p>Pears in juice <i>1/2c</i></p> <p>Grape juice <i>4oz</i></p> <p>Choice of Milk</p>	<p>13 Kix Corn Puffs <i>1c</i></p> <p>HARD BOILED EGG <i>1ea</i></p> <p>Golden Banana <i>1ea</i></p> <p>Apple Juice <i>4oz</i></p> <p>Choice of Milk</p>	<p><b>Cal 491</b></p> <p><b>T.Fat 10.39 G</b></p> <p><b>S.Fat 4.6 G</b></p> <p><b>Chol 70.8 Mg</b></p> <p><b>Sodm 475.77 Mg</b></p> <p><b>Carb 85.06 G</b></p> <p><b>Fiber 6.8 G</b></p> <p><b>Prtn 17.53 G</b></p> <p><b>Iron 18.70 Mg</b></p> <p><b>Calc 392.87 Mg</b></p> <p><b>Vit A 24.42 RE</b></p>



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Pine Grove, Breakfast

# April

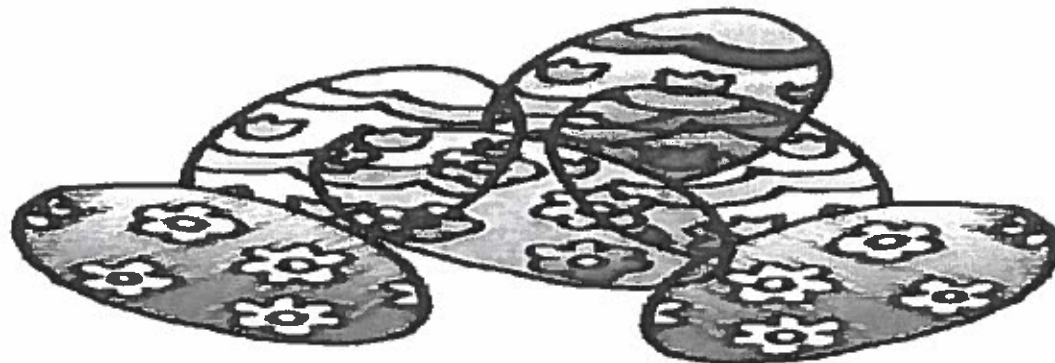


Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<sup>16</sup> Cranberry Peach Muffin <i>1ea</i> Butter Cup <i>1ea</i> Kiwi <i>1/2ea</i> Pineapple Juice <i>4oz</i> Choice of Milk	<sup>17</sup> Pancake/Sausage on a stick w/ syrup <i>1ea</i> Peaches in juice <i>1/2c</i> Grape juice <i>4oz</i> Choice of Milk	<sup>18</sup> Egg & Sausage Croissant <i>1ea</i> Golden Banana <i>1ea</i> Dried Cherries <i>1/4c</i> Choice of Milk	<sup>19</sup> Cheerios <i>1ea</i> Bagel w/ Cr. Ch or Jelly <i>1/2</i> Fruit Cocktail in juice <i>1/2c</i> Apple Juice <i>4oz</i> Choice of Milk	<sup>20</sup> Golden Grahams. <i>1c</i> Toast w/choice of spread <i>1ea</i> Pears in juice <i>1/2c</i> Orange Juice <i>4oz</i> Choice of Milk	<b>Cal 480</b> <b>T.Fat 11.11 G</b> <b>S.Fat 4.5 G</b> <b>Chol 50.1 Mg</b> <b>Sodm 485.96 Mg</b> <b>Carb 79.87 G</b> <b>Fiber 5.3 G</b>
<sup>23</sup> Bacon Scr.Pizza, w.g. <i>1ea</i> Grape juice <i>4oz</i> Sassy Applesauce <i>1/2c</i> Choice of Milk	<sup>24</sup> Cheddar Munchers <i>4ea</i> Toast w/choice of spread <i>1ea</i> Tropical Fruit Salad <i>1/2c</i> Apple Juice <i>4oz</i> Choice of Milk	<sup>25</sup> Scrambled Eggs <i>1/2c</i> <i>1/2</i> Bagel w/ Cr. Ch or Jelly <i>1/2</i> Peaches in juice <i>1/2c</i> Orange Juice <i>4oz</i> Choice of Milk	<sup>26</sup> HOLIDAY	<sup>27</sup> NO SCHOOL TODAY  <i>staff Development!</i>	<b>Cal 454</b> <b>T.Fat 11.86 G</b> <b>S.Fat 5.5 G</b> <b>Chol 158.1 Mg</b> <b>Sodm 478.42 Mg</b> <b>Carb 69.81 G</b> <b>Fiber 4.3 G</b>
<sup>30</sup> Life Cereal <i>1c</i> Toast w/choice of spread <i>1ea</i> Kiwi <i>1/2ea</i> Strawberry cup <i>1/2c</i> Choice of Milk					<b>Cal 491</b> <b>T.Fat 5.52 G</b> <b>S.Fat 1.3 G</b> <b>Chol 10.6 Mg</b> <b>Sodm 477.11 Mg</b> <b>Carb 96.80 G</b> <b>Fiber 9.5 G</b>

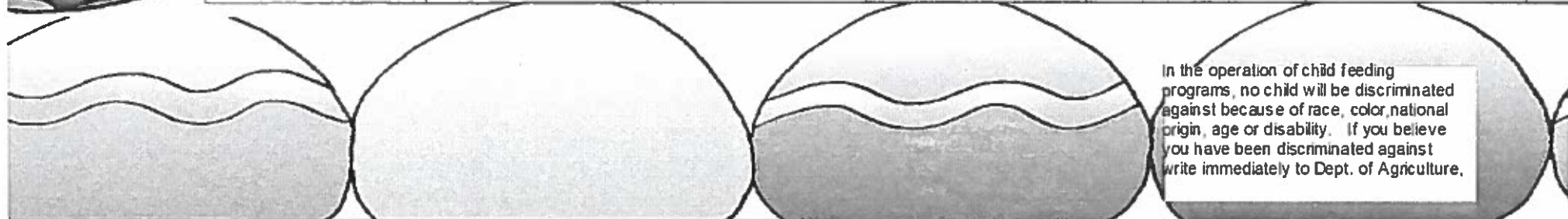
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Pine Grove, Lunch

# April



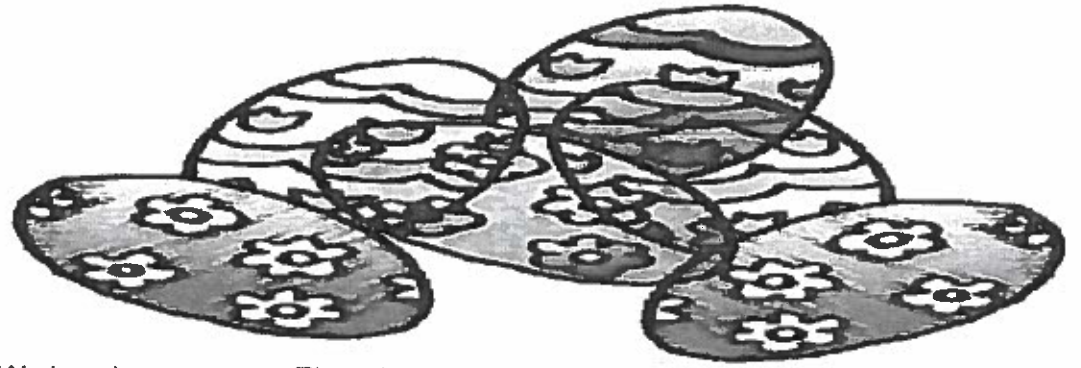
Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>NO SCHOOL TODAY</p> <p>Spring Break</p>	<p><sup>3</sup> Spaghetti w/Meatsauce <sup>4/3c</sup>                      Steamin' Broccoli Cuts <sup>1/2c</sup>                      Fruit Cocktail in juice <sup>1/2c</sup>                      Garlic Toast <sup>1ea</sup>                      Milk</p>	<p><sup>4</sup> Chicken Wrap                      w/Ranch Drsg <sup>1ea</sup>                      Glazed Carrots <sup>1/2c</sup>                      Fresh Apple <sup>1ea</sup>                      Fiesta Beans &amp; Rice <sup>1/2c</sup>                      Milk</p>	<p><sup>5</sup> Chili <sup>1c</sup>                      Snow white Cauliflower <sup>1/2c</sup>                      Kiwi <sup>1 1/2 ea</sup>                      Parmesan Breadstick <sup>1ea</sup>                      Saltine Cr., w.g. <sup>2ea</sup>                      Milk</p>	<p><sup>6</sup> Hamburger Gravy <sup>1/2c</sup>                      Mashed Potatoes <sup>1/2c</sup>                      Snappy Gr. Beans <sup>1/2c</sup>                      Golden Banana <sup>1ea</sup>                      Bread &amp; Butter <sup>1ea</sup>                      Milk</p>	<p><b>Cal 638</b>  <b>T.Fat 16.16 G</b>  <b>S.Fat 4.9 G</b>  <b>Chol 56.5 Mg</b>  <b>Sodm 808.14 Mg</b>  <b>Carb 95.51 G</b>  <b>Fiber 11.4 G</b>  <b>Prtn 29.71 G</b>  <b>Iron 4.39 Mg</b>  <b>Calc 451.71 Mg</b>  <b>Vit A 18.97 RE</b></p>
<p><sup>9</sup> Chicken Tenders w/ <sup>3ea</sup>                      Choice of Sauces <sup>1ea</sup>                      Gr. Peas <sup>1/2c</sup>                      Fresh Apple <sup>1ea</sup>                      Creamy Mac &amp; Cheese <sup>1/3c</sup>                      Milk</p>	<p><sup>10</sup> French Dip <sup>1ea</sup>                      Mixed Vegetables <sup>1/2c</sup>                      Fresh Spinach Salad <sup>1c</sup>                      Peaches in juice <sup>1/2c</sup>                      Milk</p>	<p><sup>11</sup> Pepperoni Pizza <sup>1ea</sup>                      Glazed Carrots <sup>1/2c</sup>                      Pears in juice <sup>1/2c</sup>                      Mini Rice Krispy Bar <sup>1ea</sup>                      Milk</p>	<p><sup>12</sup> B.B.Q. Sluggers <sup>2ea</sup>                      Italian Blend Veg <sup>1/2c</sup>                      Smokin' Baked Beans <sup>1/2c</sup>                      Tropical Fruit Salad <sup>1/2c</sup>                      Bread &amp; Jelly <sup>1ea</sup>                      Milk</p>	<p><sup>13</sup> Wild Rice Hotdish <sup>1/2c</sup>                      Steamin' Broccoli Cuts <sup>1/2c</sup>                      SWEET POTATO, BAKED <sup>1/2c</sup>                      Mandarin Oranges <sup>1/2c</sup>                      Bread &amp; Butter <sup>1ea</sup>                      Milk</p>	<p><b>Cal 632</b>  <b>T.Fat 16.31 G</b>  <b>S.Fat 4.5 G</b>  <b>Chol 61.0 Mg</b>  <b>Sodm 867.84 Mg</b>  <b>Carb 92.33 G</b>  <b>Fiber 9.7 G</b>  <b>Prtn 30.49 G</b>  <b>Iron 4.20 Mg</b>  <b>Calc 495.90 Mg</b>  <b>Vit A 16.43 RE</b></p>



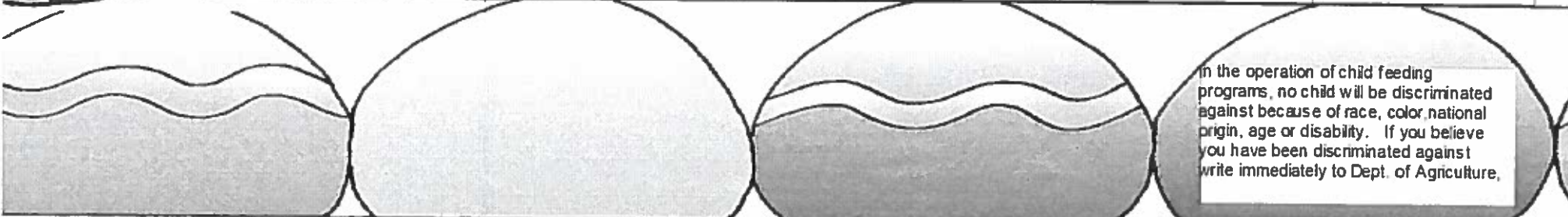
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Pine Grove, Lunch

# April



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
16 Choice of hotdog/ chili cheese dog <i>1ea</i> Dp Groove Crinkle Fries <i>1/2c</i> Poppin' Good Grapes <i>1/2c</i> Hot Dog Condiments <i>2ea</i> Milk	17 BaaKa'aakwehn on Bun <i>1ea</i> Lettuce/Tomato <i>1/4c/2sl</i> Corn, Sweet <i>1/2c</i> Pineapple Tidbits <i>1/2c</i> F. F. Mayo <i>1ea</i> Milk	18 Wild Rice Soup <i>1c</i> Glazed Carrots <i>1/2c</i> Pear <i>1ea</i> Saline Cr., w.g. <i>2pk</i> Milk	19 Beef & Mac Goulash <i>3/4c</i> Calif Blend Veg <i>1/2c</i> Fresh Apple <i>1ea</i> Garlic Toast <i>1ea</i> Milk	20 Crispy Taco Salad <i>1ea</i> Cheesy Refried Beans <i>1/2c</i> Orange <i>1ea</i> Fiesta Beans & Rice <i>1/2c</i> Sr. Cream/Salsa <i>1ea/2T</i> Milk	<b>Cal</b> 647 <b>T.Fat</b> 16.84 G <b>S.Fat</b> 4.7 G <b>Chol</b> 59.0 Mg <b>Sodm</b> 907.50 Mg <b>Carb</b> 93.95 G <b>Fiber</b> 9.2 G
23 Tator Tot Hotdish <i>3/4c</i> Snappy Gr. Beans <i>1/2c</i> Fresh Apple <i>1ea</i> Parmesan Breadstick <i>1ea</i> Milk	24 Chicken Spaetle Soup <i>1c</i> Cottage Cheese <i>2oz</i> Glazed Carrots <i>1/2c</i> Pears in juice <i>1/2c</i> Saline Cr., w.g. <i>2pk</i> Milk	25 Chicken A La King <i>3/4c</i> Steamin' Broccoli Cuts <i>1/2c</i> Kiwi <i>1/2ea</i> Baking Powder Biscuit <i>1ea</i> Milk	26 HOLIDAY	27 NO SCHOOL TODAY	<b>Cal</b> 588 <b>T.Fat</b> 15.35 G <b>S.Fat</b> 4.2 G <b>Chol</b> 59.0 Mg <b>Sodm</b> 867.68 Mg <b>Carb</b> 84.60 G <b>Fiber</b> 8.1 G
30 Sloppy Joe on Bun <i>1ea</i> French Fries w/ketchup <i>1/2c</i> Garden Salad w/Drsg <i>1c</i> Fruit Cocktail in juice <i>1/2c</i> Milk					<b>Cal</b> 654 <b>T.Fat</b> 18.21 G <b>S.Fat</b> 5.1 G <b>Chol</b> 52.7 Mg <b>Sodm</b> 1083.82 Mg <b>Carb</b> 98.03 G <b>Fiber</b> 6.9 G



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