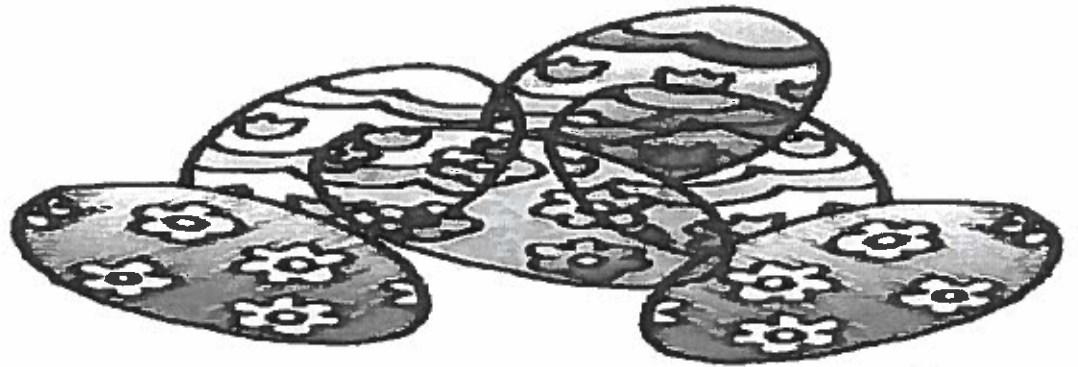


6-12 Breakfast

April



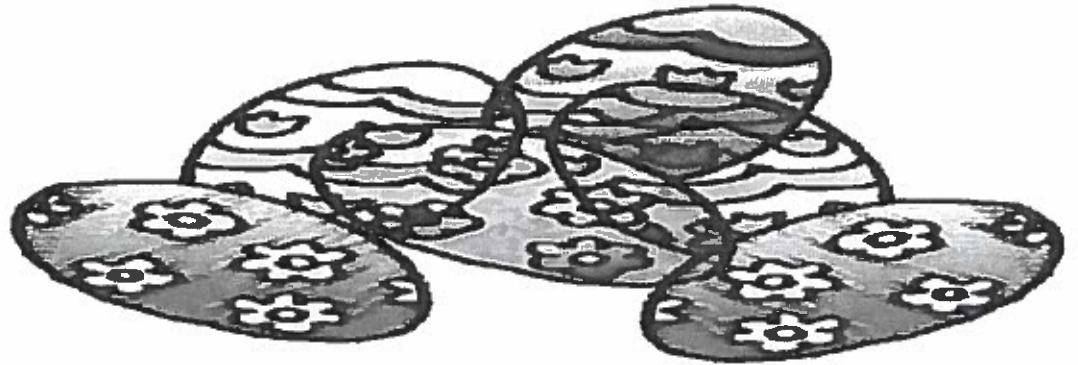
Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
² NO SCHOOL TODAY <i>Spring Break</i>	³ Dish @ 9:30	⁴ Egg Bake 1pc Eng. Muffin w/ spreads 1ea Strawberry cup 1/2c Choice of Milk Fresh Fruit Tray 1/2c	⁵ Cheese Omelet 1ea 1ea Toast w/choice of spread Fresh Apple 1ea Squeezable Fruit 1ea Choice of Milk Fresh Fruit Tray 1/2c <i>Brkfst Club</i>	⁶ Cheddar Munchers 4ea Bagel w/ Cr. Ch or Jelly 1ea Peaches in juice 1/2c Choice of Milk Fresh Fruit Tray 1/2c	Cal 539 T.Fat 16.14 G S.Fat 6.8 G Chol 144.6 Mg Sodm 641.29 Mg Carb 81.19 G Fiber 7.7 G Prtn 20.79 G Iron 2.45 Mg Calc 438.89 Mg Vit A 20.40 RE
⁹ Bacon Scr.Pizza, w.g. 1ea Go Big Go-Gurt 1ea Pineapple Juice 6oz Choice of Milk Fresh Fruit Tray 1/2c	¹⁰ Belgian Waffle Six w/ 2ea Strawberry Topping 1/4c Fruited yogurt 4oz Fruit Cocktail in juice 1/2c Choice of Milk Fresh Fruit Tray 1/2c	¹¹ Egg & Cheese Muffin 1ea Sassy Applesauce 1/2c Choice of Milk Fresh Fruit Tray 1/2c <i>Mommies & Muffins</i>	¹² Brkfst Wrap w/ taco sauce 1ea Squeezable Fruit 1ea Golden Banana 1ea Choice of Milk Fresh Fruit Tray 1/2c <i>Brkfst Club</i>	¹³ Carmel Roll 1ea Sausage Patty 1ea Orange 1ea Choice of Milk Fresh Fruit Tray 1/2c	

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6-12 Breakfast

April



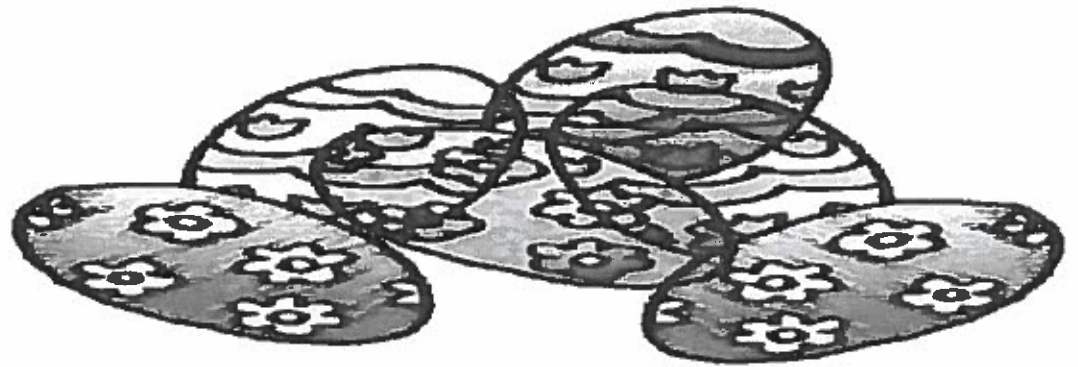
Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
16 Fr. Toast Stix w/ Strawberry Topping 3ea Pears in juice 1/2c Squeezable Fruit 1ea Choice of Milk Fresh Fruit Tray 1/2c	17 Scrambled Eggs 1/2c Bagel w/ Cr. Ch or Jelly 1ea Fruit Cocktail in juice 1/2c Choice of Milk Fresh Fruit Tray 1/2c	18 Pretzel Egg Sandwich 1ea Craisins 1/4c Golden Banana 1ea Choice of Milk Fresh Fruit Tray 1/2c	19 Cinn Glzd WG Fr. Toast w/syrup 1ea Sausage Links 2ea Peaches in juice 1/2c Choice of Milk Fresh Fruit Tray 1/2c Brkfst Club	20 Pancakes w/Syrup 2ea Fruited yogurt 1ea Kiwi 4oz Choice of Milk 1 1/2ea Fresh Fruit Tray 1/2c	Cal 511 T.Fat 12.17 G S.Fat 4.8 G Chol 162.9 Mg Sodm 479.18 Mg Carb 85.24 G Fiber 7.4 G
23 Cheese Omelet 1ea Toast w/choice of spread 1ea Orange Juice 6oz Choice of Milk Fresh Fruit Tray 1/2c	24 Oatmeal 1c HARD BOILED EGG 1ea Juicy Apricot Halves 1/2c Dried Cherries 1/4c Choice of Milk Fresh Fruit Tray 1/2c	25 Carmel Roll 1ea Go Big Go-Gurt 1ea Tropical Fruit Salad 1/2c Choice of Milk Fresh Fruit Tray 1/2c Daddies & Donuts	26 HOLIDAY	27 NO SCHOOL TODAY Staff Development	Cal 541 T.Fat 11.25 G S.Fat 4.3 G Chol 142.8 Mg Sodm 376.66 Mg Carb 91.62 G Fiber 5.5 G
30 Fr. Toast Stix w/ Strawberry Topping 3ea Kiwi 1 1/2ea Squeezable Fruit 1ea Choice of Milk Fresh Fruit Tray 1/2c					Cal 448 T.Fat 6.54 G S.Fat 2.1 G Chol 114.2 Mg Sodm 384.72 Mg Carb 83.52 G Fiber 10.5 G

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6-8 Lunch

April



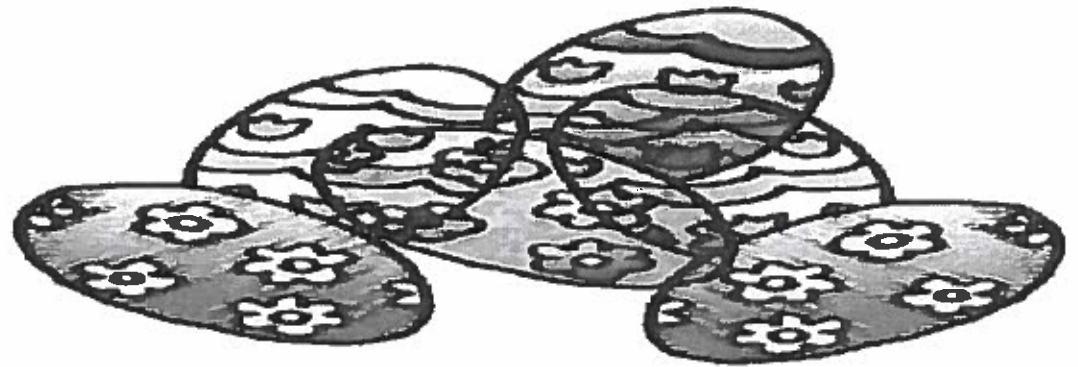
Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>2 NO SCHOOL TODAY</p> <p><i>Spring Break!</i></p>	<p>3 Spaghetti w/Meatsauce ^{2/3c} Parmesan Cheese ^{1T} Steamin' Broccoli Cuts ^{1/2c} Veg/Fruit Bar ^{1/2c} Fruit Cocktail in juice ^{1/2c} Garlic Toast ^{1ea} Milk</p>	<p>4 Chicken Wrap w/Ranch Drsg ^{1ea} Glazed Carrots ^{1/2c} Sugar Snap Peas ^{1/2c} Veg/Fruit Bar ^{1/2c} Pear ^{1ea} Teddy Grahams ^{1oz} Milk</p>	<p>5 Chili ^{3/4c} ^{1/2c} Snow white Cauliflower ^{1/2c} Veg/Fruit Bar ^{1/2c} Kiwi ^{1 1/2ea} Tortilla Chips ^{1oz} Milk</p>	<p>6 Hamburger Gravy ^{1/2c} Mashed Potatoes ^{1/2c} Snappy Gr. Beans ^{1/2c} Veg/Fruit Bar ^{1/2c} Golden Banana ^{1ea} Bread & Butter ^{1ea} Milk</p>	<p>Cal 654 T.Fat 18.44 G S.Fat 5.8 G Chol 56.9 Mg Sodm 837.37 Mg Carb 96.95 G Fiber 12.3 G Prtn 28.87 G Iron 4.50 Mg Calc 500.66 Mg Vit A 26.96 RE</p>
<p>9 Chicken Tenders w/ Choice of Sauces ^{3ea} ^{1ea} Gr. Peas ^{1/2c} Crisp Cuke/Tomato Salad ^{1/2c} Veg/Fruit Bar ^{1/2c} Fresh Apple ^{1ea} Creamy Mac & Cheese ^{1/3c} Milk</p>	<p>10 French Dip ^{1/2oz} ^{1 bun} Calif. Blend Veg ^{1/2c} Baked Beans ^{1/2c} Veg/Fruit Bar ^{1/2c} Peaches in juice ^{1/2c} Milk</p>	<p>11 Pepperoni Pizza ^{1sl.} Glazed Carrots ^{1/2c} Sugar Snap Peas ^{1/2c} Veg/Fruit Bar ^{1/2c} Pears in juice ^{1/2c} Milk</p>	<p>12 B.B.Q. Sluggers ^{2 ea} Snappy Gr. Beans ^{1/2c} Corn, Sweet ^{1/2c} Veg/Fruit Bar ^{1/2c} Tropical Fruit Salad ^{1/2c} Bread & Jelly ^{1ea} Milk</p>	<p>13 Wild Rice Hotdish ^{2/3c} Steamin' Broccoli Cuts ^{1/2c} SWEET POTATO, BAKED ^{1/4c} Veg/Fruit Bar ^{1/2c} Mandarin Oranges ^{1/2c} Fried Bread w/ Honey or butter ^{1ea} Milk</p>	<p>Cal 687 T.Fat 17.77 G S.Fat 4.5 G Chol 54.0 Mg Sodm 907.41 Mg Carb 103.33 G Fiber 11.6 G Prtn 31.67 G Iron 4.50 Mg Calc 521.81 Mg Vit A 18.73 RE</p>

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6-8 Lunch

April



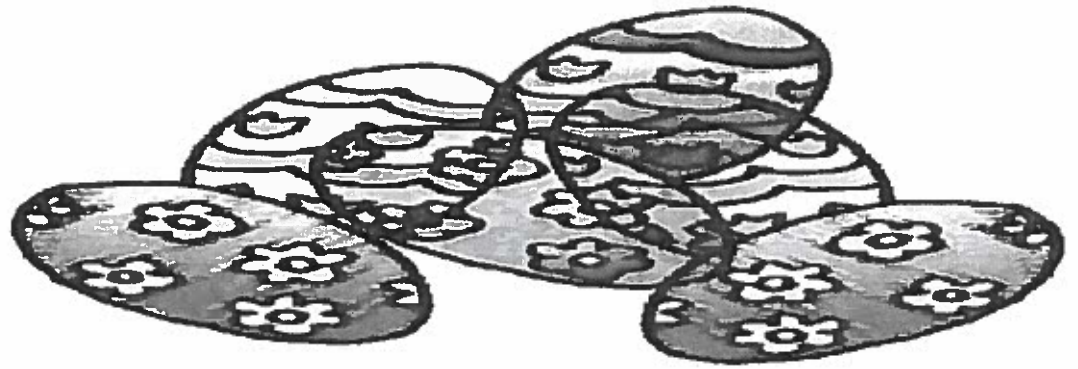
Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
16 Choice of hotdog/ chili cheese dog 1ea Dp Groove Crinkle Fries 1/2c Sugar Snap Peas 1/2c Veg/Fruit Bar 1/2c Poppin' Good Grapes 1/2c Hot Dog Condiments 2ea Milk	17 BaaKa'aakwehn on Bun 1ea Lettuce/Tomato 1/4c/25c Corn, Sweet 1/2c Creamy Coleslaw 1/4c Veg/Fruit Bar 1/2c Pineapple Tidbits 1/2c F. F. Mayo 1ea Milk	18 Wild Rice Soup 3/4c Glazed Carrots 1/2c Winter Blend Veg 1/2c Veg/Fruit Bar 1/2c Pear 1ea Bosco Breadstick 1ea Saltine Cr., w.g. 1pkg Milk	19 Beef & Mac Goulash 3/4c Calif. Blend Veg 1/2c Spinach/Strawberry Salad 1/2c Veg/Fruit Bar 1/2c Fresh Apple 1ea Garlic Toast 1ea Milk	20 Crispy Taco Salad 1ea Cheesy Refried Beans 1/2c Veg/Fruit Bar 1/2c Orange 1ea Sr. Cream/Salsa 1c/2T Milk	Cal 708 T.Fat 20.27 G S.Fat 5.7 G Chol 61.7 Mg Sodm 1013.51 Mg Carb 100.59 G Fiber 11.2 G
23 Tator Tot Hotdish 3/4c Snappy Gr. Beans 1/2c Pineapple Tidbits 1/2c Veg/Fruit Bar 1/2c Bread & Jelly 1ea Milk	24 Chicken Spaetle Soup 3/4c Winter Blend Veg 1/2c SQUASH, WINTER 1/2c Veg/Fruit Bar 1/2c Pears in juice 1/2c Bosco Breadstick 1ea Saltine Cr., w.g. 1pkg Milk	25 Chicken A La King 3/4c Steamin' Broccoli Cuts 1/2c Veg/Fruit Bar 1/2c Kiwi 1 1/2 ea Baking Powder Biscuit 1ea Mini Rice Krispy Bar 1ea Milk	26 HOLIDAY	27 NO SCHOOL TODAY <i>Staff Development</i>	Cal 693 T.Fat 17.84 G S.Fat 5.3 G Chol 59.1 Mg Sodm 920.89 Mg Carb 103.37 G Fiber 10.9 G
30 Sloppy Joe on Bun 1ea Greek Salad 1/2c Potato Wedges 1/2c Veg/Fruit Bar 1/2c Fruit Cocktail in juice 1/2c Milk					Cal 664 T.Fat 24.30 G S.Fat 5.2 G Chol 51.0 Mg Sodm 930.57 Mg Carb 92.07 G Fiber 7.9 G

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9-12 Lunch

April



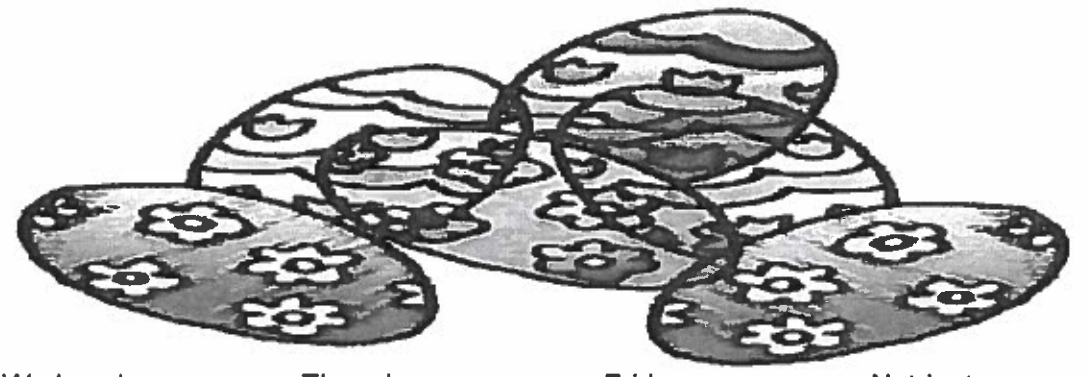
Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>2 NO SCHOOL TODAY</p> <p><i>Spring Break!</i></p>	<p>3 Spaghetti w/Meatsauce ^{1c} Parmesan Cheese ^{1T} Steamin' Broccoli Cuts ^{1/2c} Veg/Fruit Bar ^{1/2c} Fruit Cocktail in juice ^{1/2c} Garlic Toast ^{2ea} Milk</p>	<p>4 Chicken Wrap w/Ranch Drsg ^{1ea} Glazed Carrots ^{1/2c} Sugar Snap Peas ^{1/2c} Veg/Fruit Bar ^{1/2c} Pear ^{1ea} Teddy Grahams ^{1q} Milk</p>	<p>5 Chili ^{3/4c} Snow white Cauliflower ^{1/2c} Veg/Fruit Bar ^{1/2c} Kiwi ^{1/2ea} Tortilla Chips ^{1oz} Bread & Jelly ^{1ea} Milk</p>	<p>6 Hamburger Gravy ^{1/2c} Mashed Potatoes ^{1/2c} Snappy Gr. Beans ^{1/2c} Veg/Fruit Bar ^{1/2c} Golden Banana ^{1ea} Bread & Butter ^{2ea} Milk</p>	<p>Cal 779 T.Fat 22.47 G S.Fat 7.2 G Chol 66.6 Mg Sodm 993.49 Mg Carb 114.79 G Fiber 14.1 G Prtn 32.95 G Iron 5.63 Mg Calc 539.93 Mg Vit A 29.61 RE</p>
<p>9 Chicken Tenders ^{3ea} Choice of Sauces ^{1ea} Gr. Peas ^{1/2c} Crisp Cuke/Tomato Salad ^{1/2c} Veg/Fruit Bar ^{1/2c} Fresh Apple ^{1ea} Creamy Mac & Cheese, Milk ^{2/3c}</p>	<p>10 French Dip ^{2oz/1bun} Calif. Blend Veg ^{1/2c} Baked Beans ^{1/2c} Veg/Fruit Bar ^{1/2c} Peaches in juice ^{1/2c} Milk</p>	<p>11 Pepperoni Pizza ^{1st.} Glazed Carrots ^{1/2c} Sugar Snap Peas ^{1/2c} Veg/Fruit Bar ^{1/2c} Pears in juice ^{1/2c} Milk</p>	<p>12 B.B.Q. Sluggers ^{2ea} Snappy Gr. Beans ^{1/2c} Corn, Sweet ^{1/2c} Veg/Fruit Bar ^{1/2c} Tropical Fruit Salad ^{1/2c} Bread & Jelly ^{2ea} Milk</p>	<p>13 Wild Rice Hotdish ^{1c} Steamin' Broccoli Cuts ^{1/2c} SWEET POTATO, BAKED ^{1/2c} Veg/Fruit Bar ^{1/2c} Mandarin Oranges ^{1/2c} Fried Bread w/ Honey ^{1ea} or butter Milk</p>	<p>Cal 798 T.Fat 22.29 G S.Fat 5.6 G Chol 66.9 Mg Sodm 1039.34 Mg Carb 116.37 G Fiber 12.9 G Prtn 36.89 G Iron 5.25 Mg Calc 570.60 Mg Vit A 21.01 RE</p>

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9-12 Lunch

April



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
16 Choice of hotdog/ chili cheese dog 1ea Dp Groove Crinkle Fries 1/2c Sugar Snap Peas 1/2c Veg/Fruit Bar 1/2c Poppin' Good Grapes 1/2c Mini Rice Krispy Bar 1ea Hot Dog Condiments 2ea Milk	17 BaaKa'aakwehn on Bun 1ea Lettuce/Tomato 1/4c/2sb Corn, Sweet 1/2c Creamy Coleslaw 1/4c Veg/Fruit Bar 1/2c Pineapple Tidbits 1/2c F. F. Mayo 1ea Milk	18 Wild Rice Soup 1c Glazed Carrots 1/2c Winter Blend Veg 1/2c Veg/Fruit Bar 1/2c Pear 1ea Bosco Breadstick 1ea Saltine Cr., w.g. 2pk Milk	19 Beef & Mac Goulash 3/4c Calif. Blend Veg 1/2c Spinach/Strawberry Salad 1c Veg/Fruit Bar 1/2c Fresh Apple 1ea Garlic Toast 2ea Milk	20 Crispy Taco Salad 1ea Cheesy Refried Beans 1/2c Veg/Fruit Bar 1/2c Orange 1ea Fiesta Beans & Rice 1/2c Sr. Cream/Salsa 1ea/2T Milk	Cal 805 T.Fat 23.18 G S.Fat 6.1 G Chol 63.9 Mg Sodm 1115.02 Mg Carb 115.60 G Fiber 12.6 G
23 Tator Tot Hotdish 1c Snappy Gr. Beans 1/2c Pineapple Tidbits 1/2c Veg/Fruit Bar 1/2c Bread & Jelly 2ea Milk	24 Chicken Spaetzle Soup 1c Winter Blend Veg 1/2c SQUASH,WINTER 1/2c Veg/Fruit Bar 1/2c Pears in juice 1/2c Bosco Breadstick 1ea Saltine Cr., w.g. 2pk Milk	25 Chicken A La King 3/4c Steamin' Broccoli Cuts 1/2c Veg/Fruit Bar 1/2c Kiwi 1 1/2ea Baking Powder Biscuit 1ea Mini Rice Krispy Bar 1ea Milk	26 HOLIDAY	27 NO SCHOOL TODAY Staff Development	Cal 796 T.Fat 20.63 G S.Fat 5.8 G Chol 68.9 Mg Sodm 1094.10 Mg Carb 118.34 G Fiber 11.6 G
30 Sloppy Joe on Bun 1ea Greek Salad 1/2c Potato Wedges 1/2c Veg/Fruit Bar 1/2c Fruit Cocktail in juice 1/2c Milk					Cal 722 T.Fat 28.19 G S.Fat 7.0 G Chol 71.3 Mg Sodm 1089.10 Mg Carb 90.08 G Fiber 7.0 G

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