



# June

Niigaan After School Snack

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			<sup>1</sup> Fresh Apple MILK, 1% Lowfat	<sup>2</sup> Niigaan Closed	<b>Cal 98</b> <b>T.Fat 0.84 G</b> <b>S.Fat 0.3 G</b> <b>Chol 5.6 Mg</b> <b>Sodm 54.18 Mg</b> <b>Carb 18.15 G</b> <b>Fiber 1.7 G</b> <b>Prtn 3.85 G</b> <b>Iron -0.35 Mg</b> <b>Calc 157.50 Mg</b> <b>Vit A 5.34 RE</b>
<sup>5</sup> Cook's Choice	<sup>6</sup> Cook's Choice	<sup>7</sup> Cook's Choice	<sup>8</sup> Cook's Choice	<sup>9</sup> NO SCHOOL TODAY	

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In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			<sup>1</sup> French Dip Mixed Vegetables Peaches in juice Mini Rice Krispy Bar Milk	<sup>2</sup> Niigaan Closed	<b>Cal</b> 290 <b>T.Fat</b> 5.29 G <b>S.Fat</b> 1.0 G <b>Chol</b> 27.1 Mg <b>Sodm</b> 289.07 Mg <b>Carb</b> 42.44 G <b>Fiber</b> 2.5 G <b>Prtn</b> 16.75 G <b>Iron</b> 1.89 Mg <b>Calc</b> 185.25 Mg <b>Vit A</b> 2.44 RE
<sup>5</sup> Cook's Choice	<sup>6</sup> Cook's Choice	<sup>7</sup> Cook's Choice	<sup>8</sup> Cook's Choice	<sup>9</sup> NO SCHOOL TODAY	

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